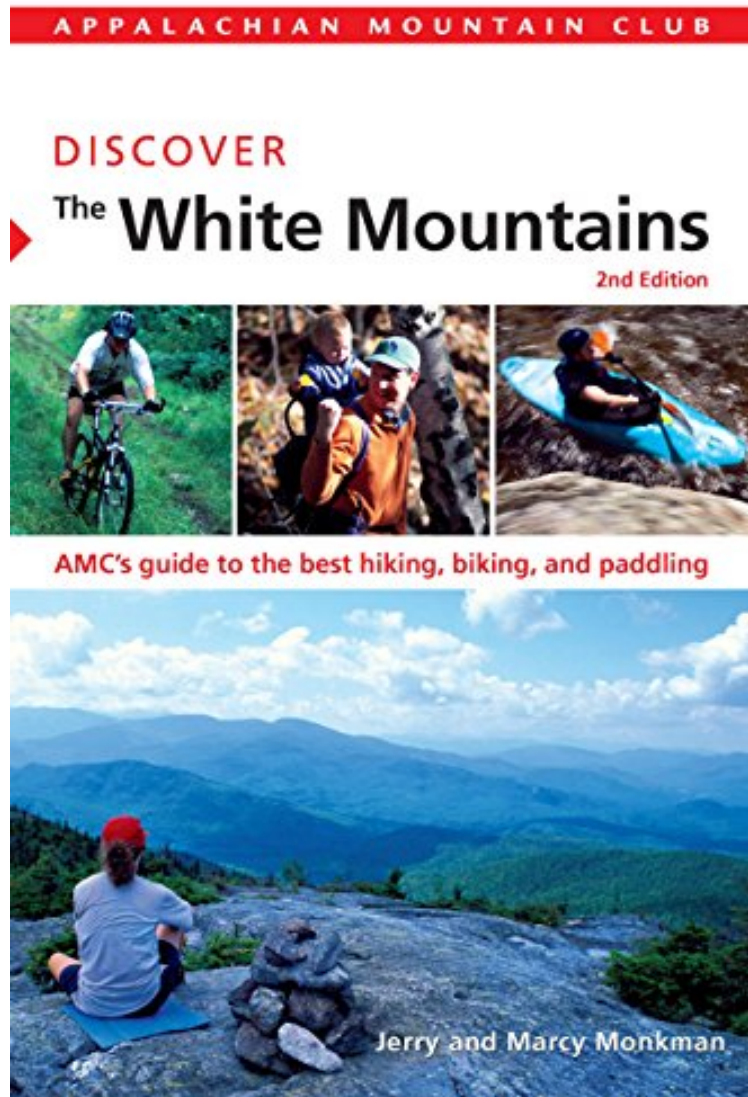


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With 1,200 miles of trails, breathtaking mountain views, abundant wildlife, quiet lakes, and the highest peaks in the Northeast, the White Mountains of New Hampshire offer an abundance of outdoor activities to fit all recreational interests and abilities. This fully-revised and updated guide from the Appalachian Mountain Club includes 50 of the best hikes, mountain bike rides, and paddling spots, highlighting everything from short walks to more challenging day-long adventures. Included in the book are hikes along the Appalachian Trail and up to the summit of Mt. Washington, the highest peak in the Northeast. Bike the Franconia Notch bike trail or go paddling in Chocurua Lake. Inside you'll find trip descriptions for 22 hikes, 15 bike trips, and 10 quiet water and whitewater paddling trips. They include level of difficulty, distance, elevation, and trip time. Nature notes and how-to tips provide additional context for the outdoor traveler. Improved locator and detailed maps will aid you in planning your next outdoor adventure in the Whites.

About the AuthorAMC's Discover books are concise travel recreation guides that provide easy-to-use information about the best hiking, biking, and paddling trips in specific vacation destinations to active travelers who are planning an extended trip and enjoy outdoor recreation.