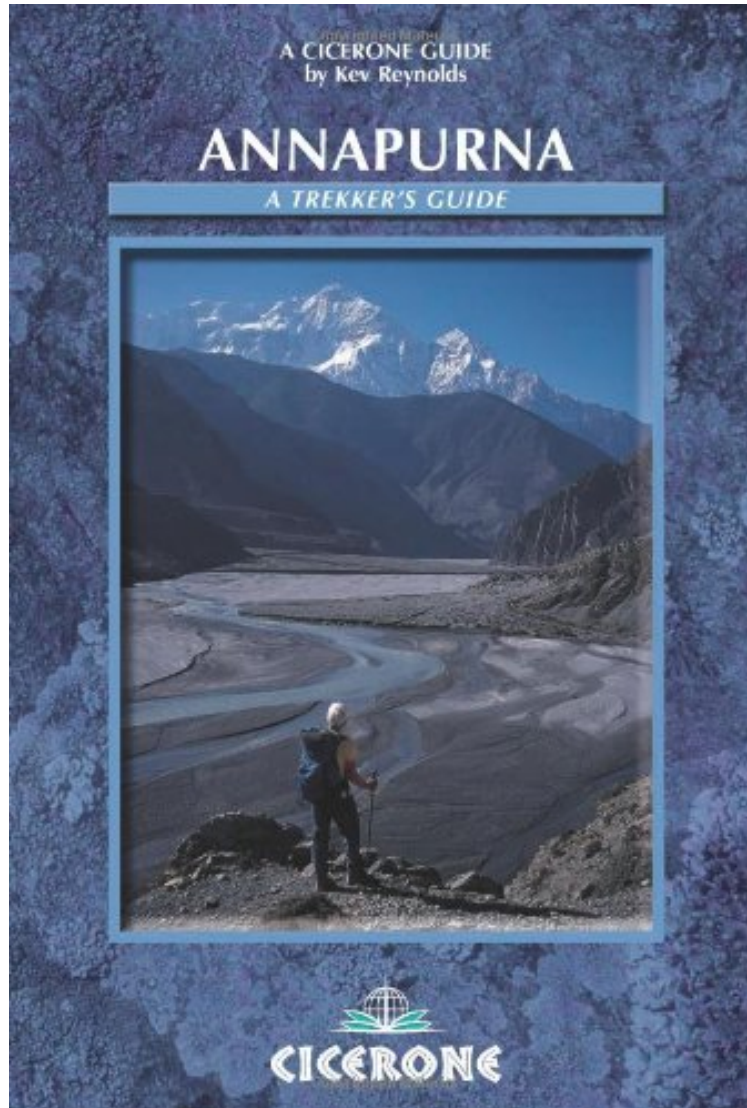


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## Annapurna: A trekker's guide (Cicerone Mountain Walking)

*Kev Reynolds*

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**Kev Reynolds : Annapurna: A trekker's guide (Cicerone Mountain Walking)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Annapurna: A trekker's guide (Cicerone Mountain Walking):

2 of 2 people found the following review helpful. OutdatedBy hikingalThis region has lot of changes recently. Book is very outdated. Book Size is good for traveling. Also I like book cover.

Seen from the lakeside town of Pokhara in central Nepal, a tremendous wall of snow- and ice-capped mountains

dominates the northern horizon: the Annapurna Himal. With no less than twelve 7000m (23,000ft) summits rising above a foreground of intricately terraced foothills, this is one of the most beautiful and ethnically diverse landscapes on earth. It's also the world's most popular trekking region. And no wonder. Around this impressive block goes the classic Annapurna Circuit- without question, one of the great walks of the world. Into the heart of the mountains leads a trail to the Annapurna Sanctuary. Through the world's deepest valley goes the Pilgrim's Trail to Muktinath, while as a short introduction to some of the best of Nepal's hill villages and mountain views, there's the charming Ghandruk Foothill Trek. Kev Reynolds describes each of these treks with full route details for 'tea-house trekkers' and those travelling with an organised group. Information with regard to lodges, tea-houses and villages is provided.

'If the Annapurnas present an enticing goal, there can be no better source of information than Kev Reynolds's Annapurna - A Trekker's Guide. ... Each trek has been thoroughly researched and lovingly described ... bringing back fond memories and recalling detail I found impossible to fault.' (Lindsay Griffin, High) 'This is a good guide book covering all the essentials and a bit more which still manages to be almost pocket sized.' (Julie Carter, The Pinnacle Club Journal) 'Kev describes the beauty and fascination which make this region such an attractive destination for the trekker. If a reader were in any doubt about undertaking a trek in the area, the author's enthusiasm for the region and its people clearly extols its merits, but if this were not enough the excellent photographs will clinch the deal. ... While the guide gives clear specific directions, its principal strength lies in the additional information it provides the visitor about the history of the area, the activities of the local people, their religion, ecology, the history of exploration and mountaineering, and much more. ... This is an excellent book. If you are going to the area, buy it. If you are just researching a trip, buy the book and reserve the tickets, it will get you hooked.' (Stewart MacKenzie, The Leader) About the Author Kev Reynolds is a freelance writer, photojournalist and lecturer whose first title for Cicerone is still in print. He has published many books on the Alps, a series of trekkers' guides to Nepal and, nearer to home, several guides on walking in southern England. He is a member of the Alpine Club, Austrian Alpine Club and the Outdoor Writers' Guild.