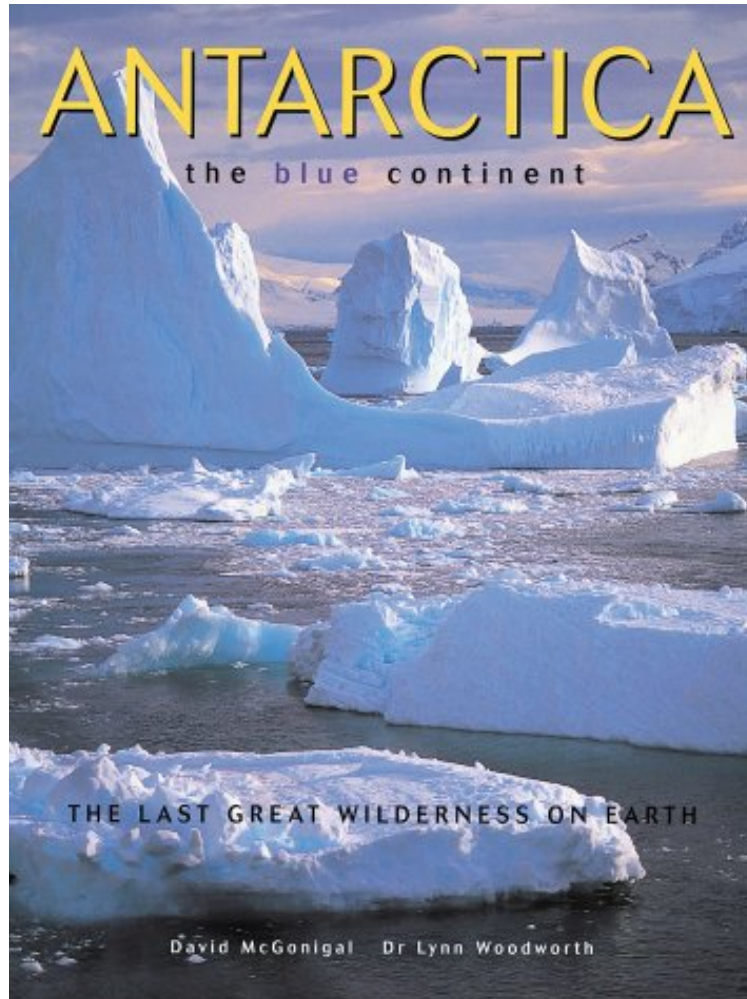


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## Antarctica: The Blue Continent

*David McGonigal, Lynn Woodworth*  
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**David McGonigal, Lynn Woodworth : Antarctica: The Blue Continent** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Antarctica: The Blue Continent:

5 of 5 people found the following review helpful. An excellent overview. By B. McFarland This book is full of gorgeous pictures and well-written segments that provide information in easily digested and very informative pieces. It covers topics like geology, ancient and present day ecology, geography, flora and fauna, really everything you could ask for. It would make a good reference for schoolwork that doesn't need to be highly scientific or extremely detailed. If it had that kind of additional detail, I'd give it the last star, but then it would likely be twice as thick and much more difficult to read. For the person who just wants to learn more about Antarctica, this is the book for you and probably a five star purchase! 0 of 0 people found the following review helpful. Brought back memories... By Judith M Day Stunning photos, informative text, was in the Antarctic Peninsula a few years ago and I relived the stark beauty of

that precious part of the world.0 of 0 people found the following review helpful. Five StarsBy Tokyo ClaudiaA beautiful book, full of gorgeous pictures!

Illustrated guide to Antarctica's environment, geography, wildlife, and history. Antarctica: The Blue Continent is a superbly illustrated and easy-to-understand book that reveals this polar region's ruthless majesty and natural beauty. The environment is Earth's harshest, coldest, most inhospitable climate. A staggering 98% of the continent is covered with ice averaging 1.4 miles in depth; 90% of the world's ice is found in there. In spite of the cold and ice, Antarctica's shores and waters are home to an amazing variety of vegetation and indigenous wildlife-seals, sea lions, whales, penguins and sea birds-that have evolved in extraordinary ways to adapt to their unforgiving habitat. The book features natural phenomena such as a glacier made of jagged, Jurassic-era rock instead of ice, and entire mountain ranges filled to their peaks with snow. In the chapters on polar exploration, Antarctica profiles Captain Cook, Roald Amundsen, Shackleton, Scott, and others. Readers will experience why this continent has inspired so much effort and heroism in the quest to discover its secrets. This book is a concise version of the authors' 608-page Antarctica and the Arctic.

McGonigal, a travel writer who has made more than 100 trips to the polar regions, [has] coordinated the contributions of a team of writers and scientists to produce what is arguably the best single volume on Antarctica available today. This massive book covers all aspects of the continent, including ecology, geography, wildlife, and exploration... Sumptuously illustrated with photos, maps, and paintings, this will be the go-to reference on Antarctica for many years to come. A truly superb production. (Nancy Bent Booklist 2008-11-15)About the Author David McGonigal is an award-winning travel writer, photographer and fellow of the Royal Geographical Society. His writing and research on Antarctica combine academic accuracy, journalistic realism and a seasoned traveler's unbounded enthusiasm for the world's coldest, wildest places. Dr. Lynn Woodworth is a wildlife researcher. She has traveled extensively throughout both polar regions.