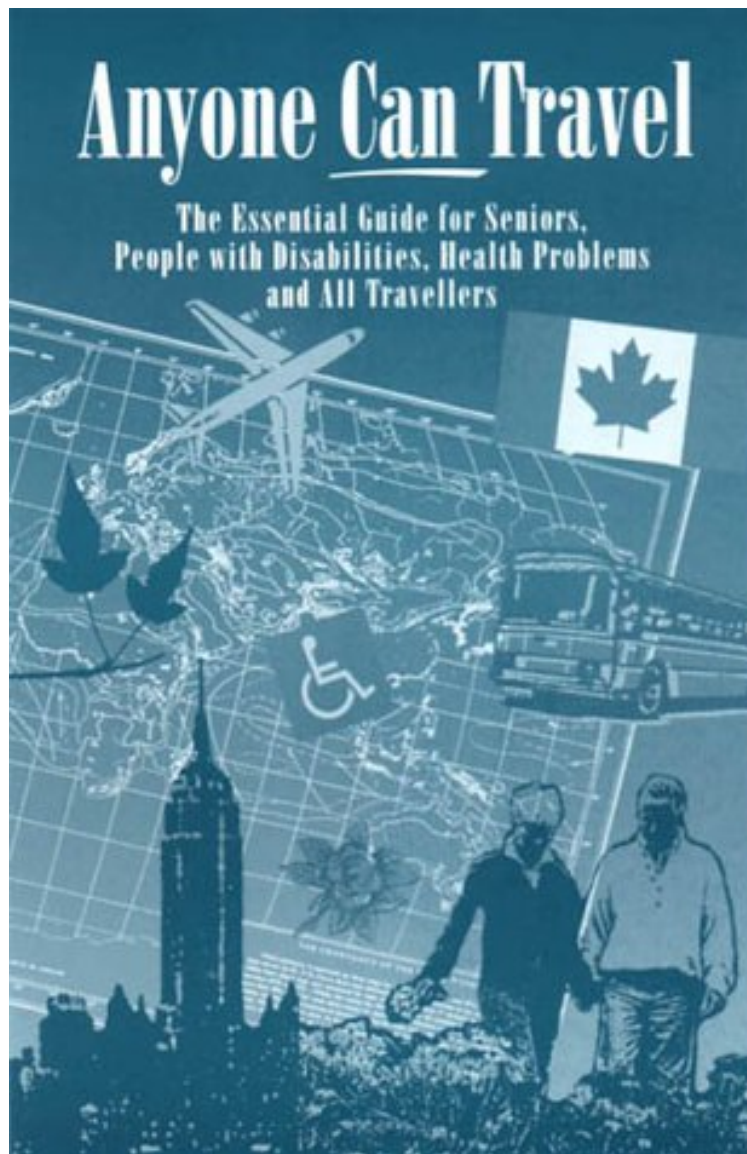


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Anyone Can Travel: The Essential Guide for Seniors, People with Disabilities, Health Problems and All Travellers

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Anyone Can Travel: The Essential Guide for Seniors, People with Disabilities, Health Problems and All Travellers:

Anyone Can Travel is an excellent guide for seniors and people with health problems and/or disabilities. It takes these Special Needs travellers through every aspect of taking a trip including planning, booking, travelling and the return home. The book is full of practical tips, essential questions to ask and useful checklists. It is easy to read, use and handle. Special Needs travellers will learn how to request the special services that will meet their needs and ensure that these are provided during the trip. As well, all the information necessary for a safe, enjoyable and healthy trip is included. The book covers the major forms of travel including hotels, cruising, flying, buses, cars and trains with emphasis on the services available to meet special needs. It also has practical information on travel insurance, packing, customs, passports, visas, currency, travelling with medications and death away from home. These sections are essential for every traveller.

About the Author Melba M. Rous RN BA is a graduate from the Philippines and has a BA in Sociology from Loyola University in Montreal. She has extensive experience in Pediatric Nursing; Nursing Administration and Management and Community Care. She subscribes to family approach nursing and is the owner of Caring Hands that specializes in client health education and advocacy. She is a partner in Health Ideas. Eileen B. Ward RN BA was born and educated in England. She is a graduate of St. Boniface General Hospital School of Nursing in Winnipeg. She has extensive experience in Nursing Education, Intensive Care, Cardiac Rehabilitation, Health Care Facility Planning and Geriatrics. Her primary interests are travel, opera, cooking and Basset Hounds. Ms. Ward is the owner of VacationCare Inc., a medical travel escort service. She is a partner in Health Ideas