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Apus and Incas: A Cultural Walking and Trekking Guide to Cuzco, Peru

Charles Brod

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Apus Incas describes both treks and day hikes around Cuzco, Peru including the Inca Trail to Machu Picchu and hikes in the Cordilleras Vilcabamba, Vilcanota, and Urubamba. Detailed maps of the mountain areas and their trails are included as well as travel tips, trek preparations, and descriptions of wildlife and local customs.