

(Download) Arctic Daughter

## Arctic Daughter

*Jean Aspen*

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**Jean Aspen : Arctic Daughter** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Arctic Daughter:

0 of 0 people found the following review helpful. Almost like sharing the adventure! By bgAn adventure like this is not for everyone. But for those of us who want to vicariously share the experience, Ms. Aspen takes us along on the ride. And what a ride it is! I really loved the lesson of how the doing, the building, the hunting, preserving, the trekking, ALL THE WORK, really teaches one to appreciate all that one has, how little or humble it may be. Whereas most of us take small regard for all the conveniences we are so accustomed to, Ms. Aspen teaches a great lesson in appreciation, not just in providing for oneself, but for becoming one with the world outside--a joy lost to those behind closed doors. I have a handful of books that I have re-read multiple times, and this is one of them. I would have liked more pictures or sketches of the log home so painstakingly built--inside and out! Maybe in a reprint? Thank you to Ms. Aspen for sharing her spirit of adventure and her perspectives. It has inspired and influenced me! 1 of 1 people found the following review helpful. Best real life Documentary By Roger Ranapi Maybe I am prejudice here but I first read this book in Readers Digest Condensed books. I was so interested that I had to go out and buy the complete book version. She did what most of us can only dream of doing! So sad she left after a short stay. but she did return again. 0 of 0 people found the following review helpful. Excellent Read By Patricia A. Schmidt Very well written book of two peoples adventure into the back woods of Alaska and truly living off of the land. Follow their story as this young couple travel the Yukon River in a dangerously overloaded canoe packed with winter supplies, food and building materials. Hunting and fishing along the way for food to survive. With the help of a old miner's cabin and cache they were able to

add to their building materials to build a log cabin to survive the winter. Living off of the small supplies of food they were able to pack in the canoe and what they could kill for meat they more than once were on the verge of death from the cold, lack of food and the raging river.

From Publishers Weekly This stark, philosophical work chronicles Aspen, an artist and daughter of the author-adventurer Connie Helmericks, who, 16 years ago at the age of 22, chose to sojourn into the wilderness of Alaska, above the Arctic Circle, and live off the land. Aspen was accompanied by her first husband-to-be Phil; her harsh, relentlessly honest journal depicts two stoics who ate salted and dried horse meat, berries, even under miserable circumstances saw, rubbery moose that contained "the wriggly pearl of a maggot." The couple encountered no other humans for almost a year, and in that time the author sought the " 'essence' of experience . . . that elusive something that makes the world sparkle." Aspen believed that civilization snatches away more than it gives in return: "I'm not certain that all our toys are worth what we pay for them." Rather, she endured the brutal weather and exalted when the sun returned after a 60-day absence: "Life isn't safe, no matter how carefully you plan. . . . You may as well enjoy the ride." Aspen's journey isn't pretty reading, but her voice is memorable and her endurance marvelous. Copyright 1988 Reed Business Information, Inc.