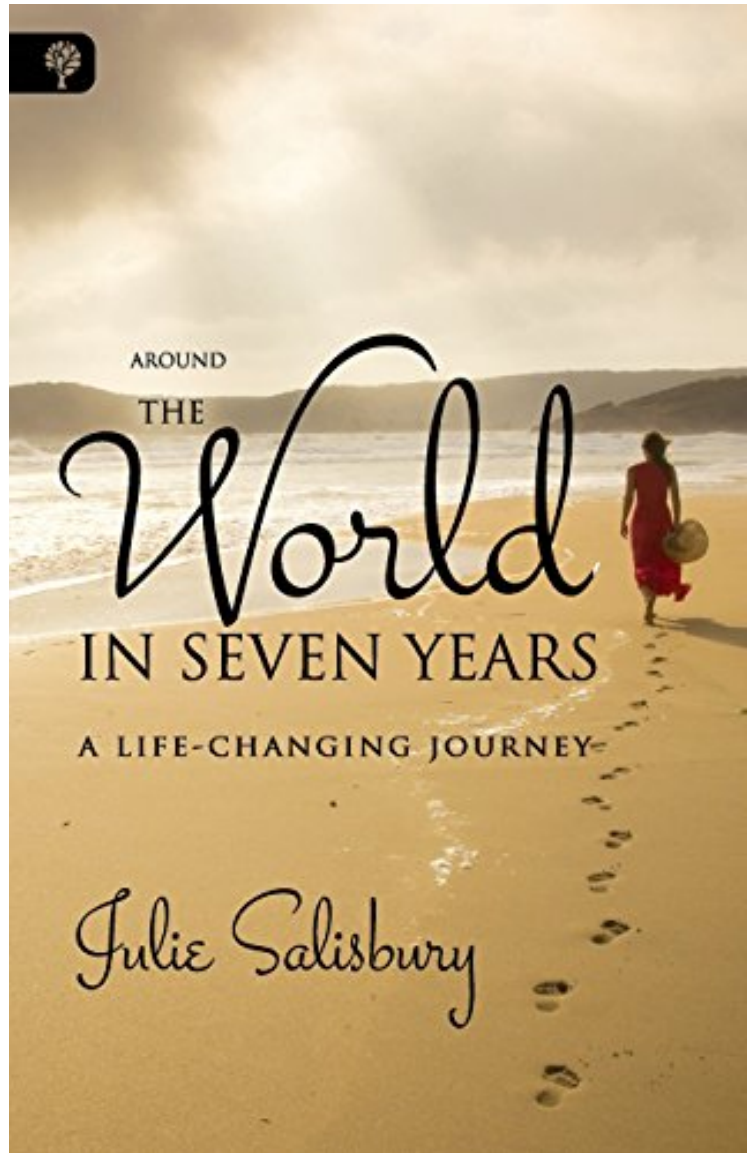


(Free) Around the World in Seven Years: A Life-Changing Journey

## Around the World in Seven Years: A Life-Changing Journey

*Julie Salisbury*

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**Julie Salisbury : Around the World in Seven Years: A Life-Changing Journey** before purchasing it in order to gage whether or not it would be worth my time, and all praised Around the World in Seven Years: A Life-Changing Journey:

0 of 0 people found the following review helpful. Journey and TransformBy Nina Shoroplova Can you imagine what it would be like to calculate how many potatoes you'd need to buy if you were going to be at sea for six months without a Safeway around the corner? And how do you keep eggs fresh without refrigeration? And what cooking skills can

you trade when you're in the middle of the Indian Ocean on an island? Julie Salisbury answers are 1) half a ton of potatoes; 2) coat the eggs in Vaseline; and 3) become proficient in the art of brewing rice wine. Always a popular end product! Travel around the world with Julie as she travels by boat, by bike, by dala dala minibus, by tuk tuk taxi, and even by slow boat, through beauty, challenge, heartache, and transformation.

Have you ever asked yourself, is this it? Follow one woman who travels the world to find the answer... Julie Salisbury had a spectacular epiphany in 1998 that made her walk away from her husband, her high-powered job, and her Victorian house in the UK, and exchange them for a backpack and a dream. She spent the next seven years living in South Africa, Madagascar, Tanzania, Kenya, on an Indian Ocean desert island, in Thailand Malaysia, Mexico, and Canada, learning from the world community. Julie tells the story of her last seven years as a nomad of the world with humour, poignancy, and intelligence, making this dream seem attainable for any woman. She travels unconventionally and without a plan, facing up to her own fears of loneliness and vulnerability. A testament to human spirit and courage, it is a very personal account of discovering individual self. In this second edition of her book, Salisbury reflects back, seven years later, retracing her steps to understand how writing the book actually led to discovering her true purpose.

To circumnavigate the seven seas is the crown jewel of travel. Most of us wish to see the world and experience different things, but upon our return do we see things differently? Julie Salisbury is one of those who returned a changed person. Around the World in Seven Years bears witness to her remarkable achievement and resulting insight. It is this kind of direct contact with other cultures and faraway places she experienced firsthand that brings inner enrichment.