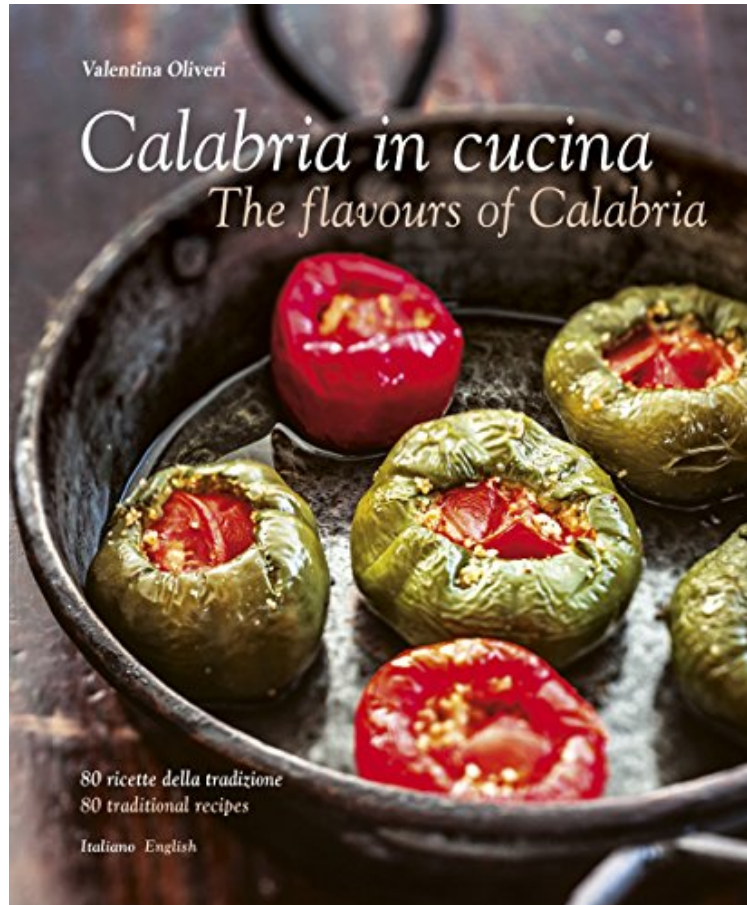


Calabria in Cucina: The Flavours of Calabria

Valentina Oliveri

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Valentina Oliveri : Calabria in Cucina: The Flavours of Calabria before purchasing it in order to gage whether or not it would be worth my time, and all praised Calabria in Cucina: The Flavours of Calabria:

1 of 1 people found the following review helpful. Beautifully photographed and writtenBy Dr. Amelia KleinBeautifully photographed and written. I particularly appreciate the historical and storytelling aspect that Ms. Oliveri uses to introduce her culinary offerings. It really adds a charming touch to her simple, yet elegant recipes. I recently made her "zucchini in vinegar" recipe for a dinner party and everyone raved about it - even those who were not particularly inclined toward zucchini loved it!!3 of 3 people found the following review helpful. I have been collecting regional Italian cookbook for quite a ...By CustomerI have been collecting regional Italian cookbook for quite a while now. Very seldom do I find one that doesn't duplicate a tradional local recipe found in another book. This book, however, is an exception. The author provides a number of delicious, tradional Calabrian dishes that I had not seen before. Well done!0 of 0 people found the following review helpful. Loved it as much as Sicily in CucinaBy CustomerLoved it as much as Sicily in Cucina. Great pictures of countryside, people, history. Like the English beside the Italian. If you cook, the recipes are easy

"Calabria in Cucina" contains authentic, regional recipes, as well as local food traditions and classic wine from the Sila Mountain range to the white cliffs of the Vaticano Cape, close to Tropea. The easy-to-follow recipes are written by Chef Valentina Oliveri, owner of the restaurant L'Elibeline, based in Rende (Cosenza).

About the Author Bart became interested in art and music from a young age and went on to work in typographic and photolith printing. His creativity turned towards photography, and he developed his skills during an extended stay in Brasil. In 2008 he won first prize in the National Geographic photography award. He lives with his wife and son in a small village in the Messina province of Sicily.