

(Free) Chalky White's The 7 Secrets of Skiing: A Proven Systematic Route into the World of Advanced/Expert Skiing

## Chalky White's The 7 Secrets of Skiing: A Proven Systematic Route into the World of Advanced/Expert Skiing

Chalky White

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**Chalky White : Chalky White's The 7 Secrets of Skiing: A Proven Systematic Route into the World of Advanced/Expert Skiing** before purchasing it in order to gage whether or not it would be worth my time, and all praised Chalky White's The 7 Secrets of Skiing: A Proven Systematic Route into the World of Advanced/Expert Skiing:

2 of 2 people found the following review helpful. Beginner or expert this book will helpBy BradI can't tell you how much this book improved my skiing. It's a bit dry to read, but you're not reading it for entertainment, you're reading it to improve your skiing. Each chapter he has these little tips that summarize his tricks, Those tips have improved my skiing 10 fold in just around a months worth skiing.1 of 1 people found the following review helpful. Wonderful and

goofy - best book on skiing ever, but peculiar  
By W. Sims  
This book is both wonderful and goofy. The wonderful part comes from Chalky's having thought a tremendous amount about skiing and body mechanics. He is humble, like a baseball coach who knows he was a mediocre player. There are DOZENS of useful nuggets. I find his language and idiosyncratic capitalizations corny and distracting, but despite this, this is by far the most useful book or teacher of skiing that I have run into.  
0 of 0 people found the following review helpful. Five Stars  
By Joseph Ruggless  
Great book, very happy I purchased it. It helped me realize what I was doing wrong.

Chalky White's, *The 7 Secrets of Skiing*, was described by other professionals as, "Deserves its place in the pantheon of the best 'How to' ski books ever." The book, in category, reached the coveted #1 position, on Amazon.com; it continues to sell prolifically. Author and acclaimed ski instructor/coach Chalky White, he now runs *SKI THE WORLD WITH CHALKY*, maintains that few skiers have a clear understanding of how to consistently work body and equipment as one efficient unit - one that will stand the testing rigours of advanced skiing. Chalky upholds that this situation can be changed if approached in a systematic way. This book's information offers skiers just that; a functional way of developing dominance over mind, body and equipment. The premise of the book is that skiers developing a rock like athletic stance can develop true balance - Balance means Power! First, powerful balance enables any skier to make basic, forceful turns - turns the vast majority can only dream about, but rarely achieve. Second, from that base, a skier can kick the gateway to advanced/expert skiing wide open. A bonus - exhilaration tends to replace the 'great inhibitor', fear. The 7 Secrets of Skiing system is powerful and it works, in spades! Many 5 star reviews attest to that fact. Any skier with a strong work ethic will develop from the book's information. An added bonus, Chalky will answer your questions. Punch in, *SKI THE WORLD WITH CHALKY* in your browser to find Chalky's contact information.

\*\*\*\*\* "It's been a while since I came across a book that I could recommend....*The 7 Secrets of Skiing* is only the second how-to-get-better book I recommend and it's the first how-to-get-better book I can recommend that's available in a Kindle edition."  
Mike Doyle - Guide/Writer at About.com Skiing (Owned by The New York Times)