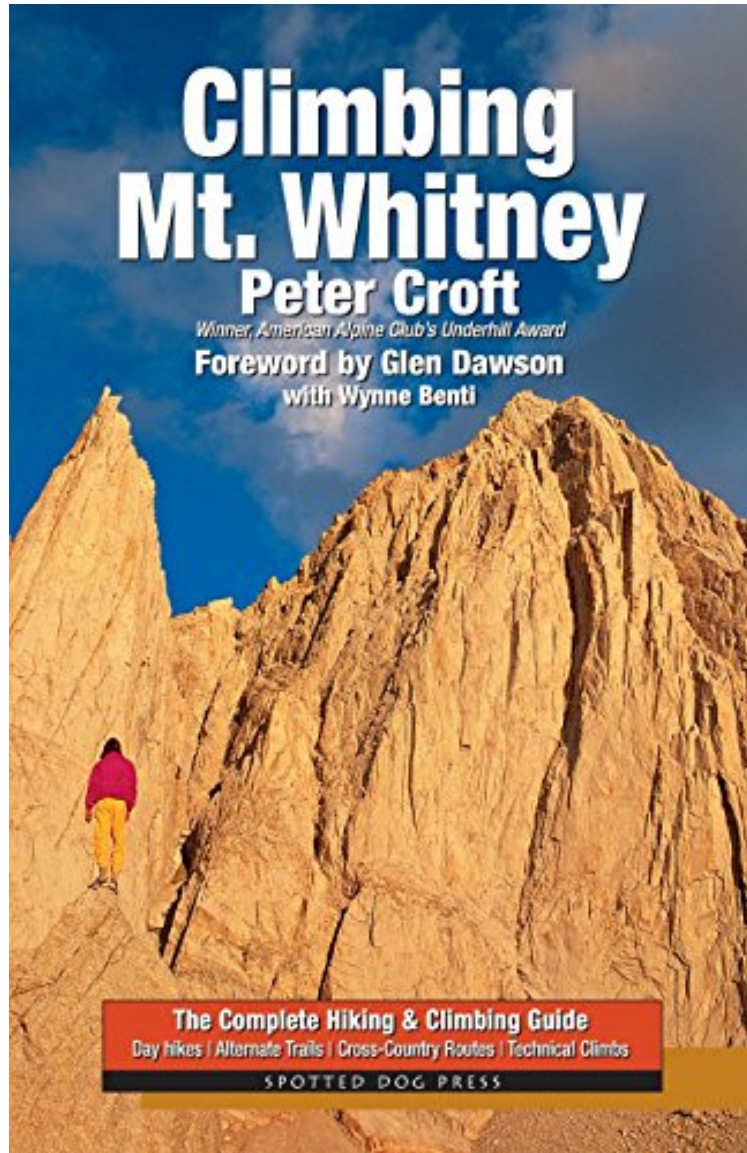


[E-BOOK] Climbing Mt. Whitney

Climbing Mt. Whitney

Peter Croft, Wynne Benti

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Peter Croft, Wynne Benti : Climbing Mt. Whitney before purchasing it in order to gage whether or not it would be worth my time, and all praised Climbing Mt. Whitney:

0 of 0 people found the following review helpful. Great resourceBy nick colonnaPeter Croft has put together an excellent resource which should be required reading for climbers who wish to attempt some of Mt Whitney's more technical routes. Peter is a legend in climbing/mountaineering and one should appreciate his efforts in seeking to give

climbers a broad background on this subject. 0 of 0 people found the following review helpful. Complete Guidebook. By Ralph S. I was looking for a guidebook that had the "standard" route to the summit as well as covering the technical routes on the E. face. This book is a perfect melding of both. It covers the approach to the E. face as well as the routes. Where this book stands out is the training and acclimatization advice. It is not a training manual, but rather a brief summation of training and it gives excellent advice on acclimating before tackling Whitney. It encourages a one day ascent and gives an outline of what you should be doing on the days before a one day attempt. While this may not be the only guidebook on Whitney you should buy, it definitely needs to be in the collection. 1 of 1 people found the following review helpful. Climbing Mt. Whitney By Mark S. Allen This is a good, thorough book to prepare for hiking Mt. Whitney. Confess I knew of the author before purchasing. Impressed ever so much beyond that after reading. I have been to the top of Mt. Whitney twice before. This book prompted me to say, "Oh Yes! I remember now." The information is in this book. The information that will prepare you to summit! Mark S. Allen

Newly updated March 2013. People travel from all over the world to stand on the summit of Mt. Whitney (14,500-ft.), the highest point in the contiguous United States. Miles of rugged granitic terrain, blue-green lakes, and impressive ridges are just some of the awesome vistas awaiting those who make it to the top. Peter Croft, winner of the American Alpine Club's Underhill Award for outstanding achievement in mountaineering, has updated this new edition for every level of climber: how to get the most out of your conditioning; prepping for overnight trips; dayhiking the main Whitney Trail; the North Fork approach; Whitney from other passes; cross-country routes; and challenging technical routes for advanced climbers. Written and published in the Eastern Sierra, and printed in the USA, Climbing Mt. Whitney has sold more copies than any other guide to the peak, standing on its own merits as the best Whitney trail guide of all time. Approved by the USFS. Includes new Whitney elevation data (14,500-ft.) provided by the USGS and NOAA/NGS.

The only book on Whitney . . . anything else is overkill. --Los Angeles Times, March 8, 2005 From the Publisher "We all know winning the lottery is a long shot," says Wynne Benti, of Spotted Dog Press. "But one of North America's best climbers, Peter Croft, knows of a lottery held every February in California where the odds are definitely in our favor." About the Author Peter Croft grew up on the west coast of Canada on Vancouver Island. As a child he hiked and camped with his families, developing his love of the outdoors. Since then Croft was drawn to the mountains, wherever he could find them. Glen Dawson turned 100 in June 2012 and is the last surviving member of the climbing party that made the first ascent of Mt. Whitney's East Face, led by Norman Clyde. Glen wrote the foreword to Climbing Mt. Whitney. Norman Clyde made numerous first ascents of many Sierra Peaks. His account of the first ascent of Whitney's East Face is included in this edition.