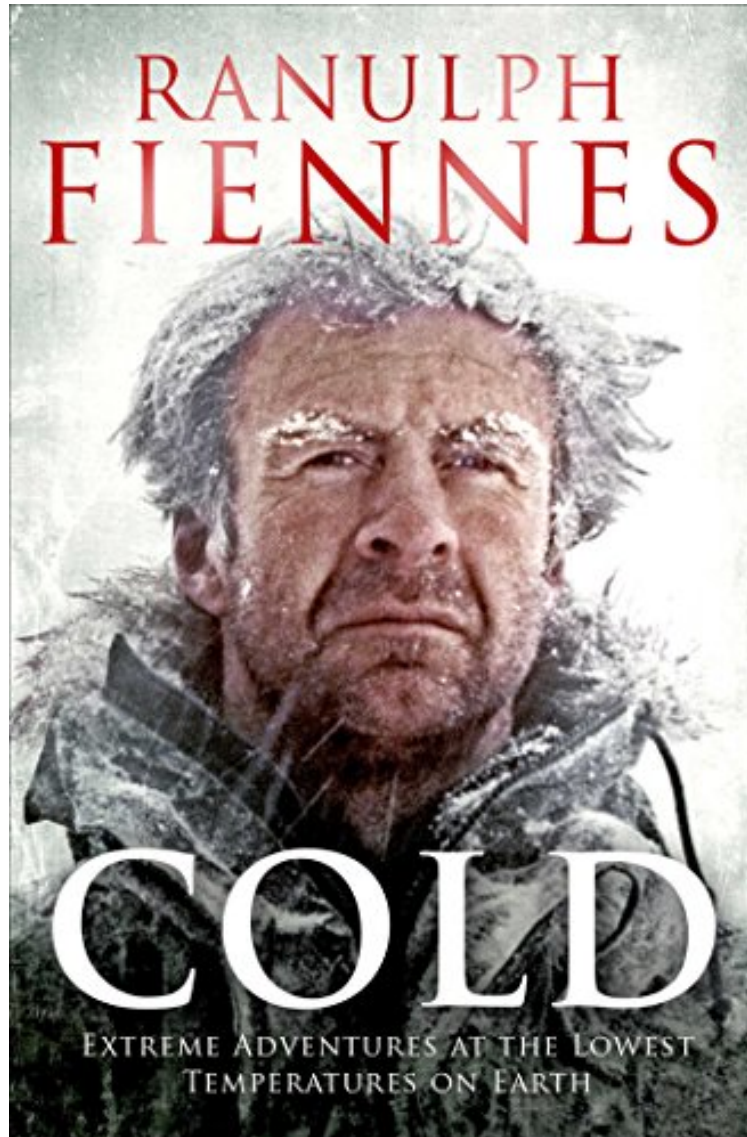


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Cold

Sir Ranulph Fiennes
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Sir Ranulph Fiennes : Cold before purchasing it in order to gage whether or not it would be worth my time, and all praised Cold:

3 of 3 people found the following review helpful. UnbelievableBy Anthony BishopI was so intrigued to know how this man was going to get himself out of so many difficult positions. It kept me up late at night wanting to know what he was going to do next. Definitely one for the adventurous. Only problem I had was knowing exactly where he was at certain times during his journey's. Wish I had a detailed map.1 of 1 people found the following review helpful. ColdBy

Katie CueI enjoyed the book but thought the author (also the main character in the book) took too many unnecessary chances with other people's lives. Especially in the first part of the book. It improved as the book went along. It was however, a good read and his descriptions of the ice and snow were very good indeed. The story tells you about parts of the world that not a lot is known about and in parts it is gripping. I would recommend the book. 1 of 1 people found the following review helpful. really enjoyed this By Tim Gregory nice mix of personal stories about his various adventures, and stories about previous exploration expeditions. Written in an engaging manner.

Few humans can survive and thrive in the bitter cold - below a certain temperature, death is inevitable. This book is about this aspect of our environment and about Sir Ranulph Fiennes' own life experiencing the extreme cold, from his adventuring apprenticeship 40 years ago on the Greenland Ice Cap to masterminding crossing of the Antarctic during winter.

About the Author Sir Ranulph Fiennes was the first man to reach both poles by surface travel and the first to cross the Antarctic Continent unsupported. In the 1960s he was removed from the SAS Regiment for misuse of explosives but, after joining the army of the Sultan of Oman, received that country's Bravery Medal on active service in 1971. He is the only person yet to have been awarded two clasps to the Polar medal for both Antarctic and the Arctic regions. Fiennes has led over thirty expeditions, including the first polar circumnavigation of the Earth, and in 2003 he ran seven marathons in seven days on seven continents in aid of the British Heart Foundation. In 1993 Her Majesty the Queen awarded Fiennes the Order of the British Empire (OBE) because, on the way to breaking records, he has raised over GBP14 million for charity. He was named Best Sportsman in the 2007 ITV Great Briton Awards and in 2009 he became the oldest Briton to reach the summit of Everest.