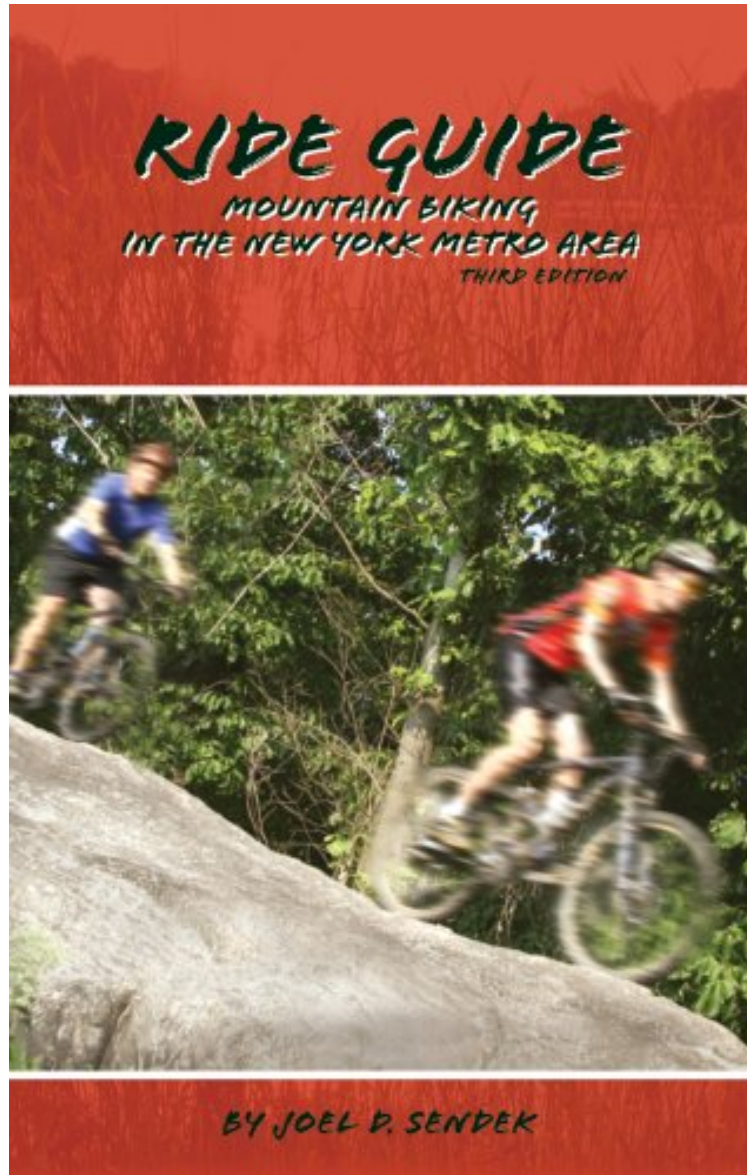


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## Ride Guide: Mountain Biking in the New York Metro Area

*Joel D. Sendek*

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**Joel D. Sendek : Ride Guide: Mountain Biking in the New York Metro Area** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Ride Guide: Mountain Biking in the New York Metro Area:

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About the Author Joel D. Sendek has been seeking out mountain-biking destinations in the New York metropolitan area since 1988.