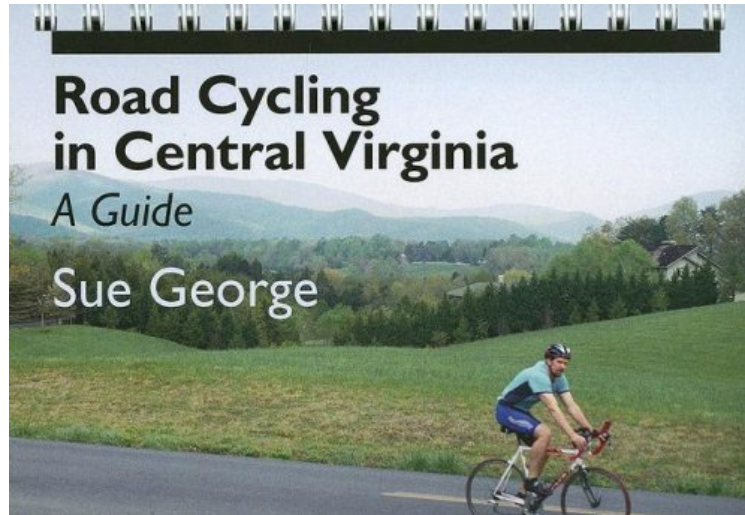


[Download pdf] Road Cycling in Central Virginia: A Guide

Road Cycling in Central Virginia: A Guide

Susan E. George

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Susan E. George : Road Cycling in Central Virginia: A Guide before purchasing it in order to gage whether or not it would be worth my time, and all praised Road Cycling in Central Virginia: A Guide:

For all those who have considered going for a ride after seeing cyclists pedaling pleasurably through the foothills of the Blue Ridge Mountains and the Shenandoah Valley, Sue Georges new guide provides all the information necessary either to get started or to increase an existing knowledge of local routes and conditions. A guide for road cycling enthusiasts on both sides of the Blue Ridge Mountains, Road Cycling in Central Virginia introduces readers to some of the most agreeable and scenic road riding on the East Coast. The guides introduction covers basic information relevant to the area, such as climate, road-marking conventions, what to take on a ride, availability of convenience stores, and local road hazards. Then follow detailed descriptions of road riding routes and maps geared toward riders at beginning and intermediate levels. Divided into sections by geographical area, the book describes excursions venturing from Charlottesville, Harrisonburg, Waynesboro, and Staunton and into the country roads of Albemarle, Greene, Augusta, and Rockingham counties. Most rides cover between ten and thirty miles, making this guide the perfect companion both for visitors to the area and for local residents wanting to discover the best and safest spots to get out on the road.

About the AuthorSue George is Project Manager at RLW, Inc., and a freelance writer for Blue Ridge Outdoors Magazine and Dirt Rag. She is the founder of the Charlottesville Area Mountain Bike Club and has been riding regularly and racing her bikes on and off road for more than twenty years.