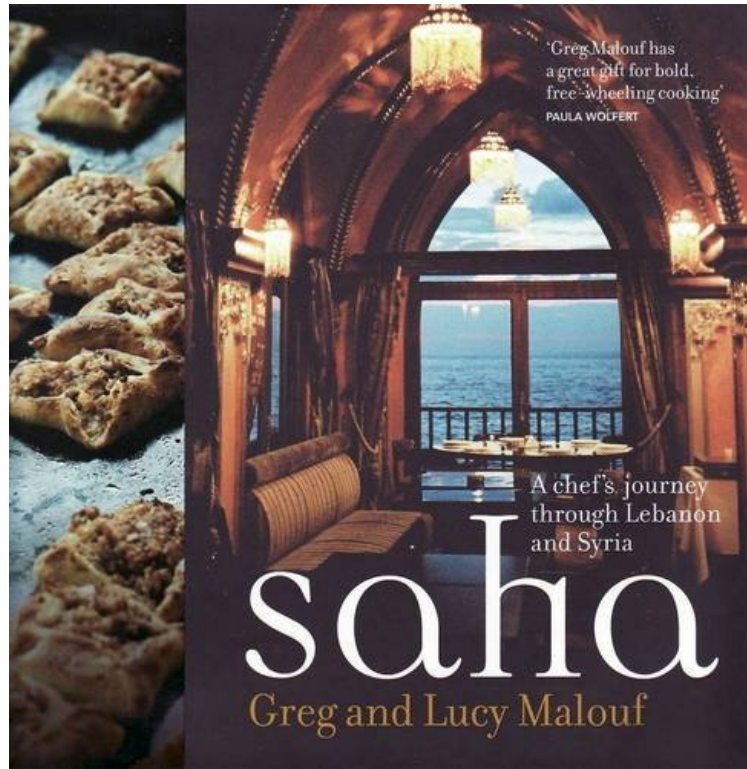


(Read and download) Saha: A Chef's Journey Through Lebanon and Syria

Saha: A Chef's Journey Through Lebanon and Syria

Greg Malouf

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#10122739 in Books 2011-12-01 Original language: English PDF # 1 8.58 x 1.14 x 9.801, .0 #File Name: 1740667662352 pages | File size: 20.Mb

Greg Malouf : Saha: A Chef's Journey Through Lebanon and Syria before purchasing it in order to gauge whether or not it would be worth my time, and all praised Saha: A Chef's Journey Through Lebanon and Syria:

In 'Saha', Greg Malouf returns to the land of his ancestors to explore its broad and influential cuisine. Stretching from neighbouring Persia throughout the Mediterranean to North Africa, the roots of Greg's culinary history are here in the land of his forbears, and together with writing partner Lucy Malouf and photographer Matt Harvey, he embarks on a month-long culinary journey. The cuisine in 'Saha' is traditional and inspirational; enticingly spiced and fragrant with flower waters. From hearty peasant dishes to more subtly spiced specialties from ancient palaces, the dishes are complex in flavour yet not overly complicated to make at home. Heartwarming stories and recipes from the people Greg and Lucy meet on their journey are teamed with evocative images and Greg's own unique take on this history-rich and exciting cuisine, capturing the spirit of the modern and the ancient; the characters, dishes, flavours and colours that make up Lebanon and Syria in this highly illustrated and lavishly designed volume.

"I'm sold on him. I don't know of any other chef that can match Greg Malouf's versatility and talent who is working in the medium... I like his swing back and forth between old and new and his sensitivity with spices is brilliant... I say this because I cooked through his latest book. He is a brilliant chef. I like the way his food plays with my head."--

"Paula Wolfert" About the Author The cuisine in Saha is traditional and inspirational, enticingly spiced and fragrant with flower waters. From hearty peasant dishes to more subtly spiced specialties from ancient palaces, the dishes are complex in flavour, yet not overly complicated to make at home.